



**Do other people know what your wishes are?
It always seems too early, until it's too late.**

**Learn how to document your healthcare decisions,
how to create a living will, understand who makes
medical decisions about your healthcare
if you could not speak for yourself, and more.**

**There are free resources available on our website.
Start the conversation today about healthcare decisions.**

**To learn more about National Healthcare Decisions Day
and receive free information, visit:
aging.maryland.gov/Pages/NHDD.aspx**