



DO YOU KNOW SOMEONE WHO FELL AND COULDN'T GET TO THE PHONE? DON'T LET THAT BE YOU!

Sign up now for this free automated daily call and prevent languishing on the floor after an unexpected fall

1-866-502-4325 SENIORCALLCHECK.MARYLAND.GOV

Marylanders 65 years and older are eligible for Senior Call Check. Sign up before you think it's necessary. By the time it's necessary, it's too late! 1-866-50-CHECK



(Daily Check-In

Receive a free automated daily check-in call with useful messages on aging resources and healthy living.



() Flexibility

You choose between a variety of time slots to receive your calls on a landline, cell phone, or relay service.



Peace of Mind

Your friends and family will feel better knowing another person of your choosing will be contacted if you don't pick up the phone after three attempts. Non-emergency services will be



called to check on you if necessary.