

## TOGETHER, WE CAN DELIVER.®

The number of seniors in our country will grow exponentially over the coming years. Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors. By leveraging the existing Meals on Wheels network, we have the opportunity to not only keep seniors at home, but also save billions in tax dollars by keeping them out of more costly healthcare settings.



## TOO MANY SENIORS IN MARYLAND ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.

**267,740** are isolated, living alone

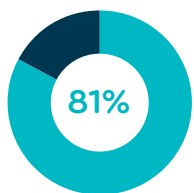
**145,067** are threatened by hunger

**224,814** are living in or near poverty

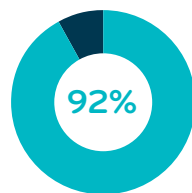


Nationally, **1 IN 6** seniors struggles with hunger

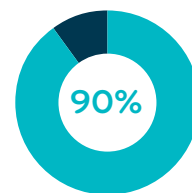
## MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR OWN HOMES, WHERE THEY WANT TO BE.



say it improves  
their health



say it enables  
them to remain  
living at home



say it makes  
them feel more  
safe and secure

## SENIORS REMAINING AT HOME, OUT OF HOSPITALS AND NURSING HOMES, SAVES BILLIONS IN MEDICARE AND MEDICAID COSTS.



Meals on Wheels' clients report fewer falls, which cost our nation **\$31 BILLION** each year.



We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost as **1 DAY** in a hospital.



Investing in Meals on Wheels is a **WIN-WIN** for our seniors, our communities and our nation.

## THE OLDER AMERICANS ACT

For more than 50 years, **THE OLDER AMERICANS ACT** (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older. OAA programs are vital for seniors who are at significant risk of hunger, isolation and losing their ability to live independently. Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors.

These include services such as:

- Home-delivered meals and meals served in group settings such as senior centers
- Transportation
- In-home personal care and community supports
- Caregiver assistance
- Preventative health and wellness programs
- Employment services and training

## MARYLAND OAA NUTRITION PROGRAMS

### PROGRAM PROFILE

<b>TOTAL SENIORS SERVED BY MEALS ON WHEELS PROGRAMS</b>	<b>38,155</b>
Home-Delivered	7,259
Congregate	30,896
<b>TOTAL MEALS SERVED BY MEALS ON WHEELS PROGRAMS</b>	<b>2,176,064</b>
Home-Delivered	1,105,098
Congregate	1,070,966
<b>TOTAL NUTRITION PROGRAM EXPENDITURES</b>	<b>\$16,917,023</b>
<b>EXPENDITURES COVERED BY FEDERAL OAA FUNDING</b>	<b>\$9,653,650</b>

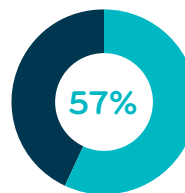


Nationally,  
Meals on  
Wheels serves  
**500,000**  
**VETERANS**  
each year

### CLIENT PROFILE (seniors receiving OAA nutrition or other supportive services)



### A PROVEN PUBLIC-PRIVATE PARTNERSHIP

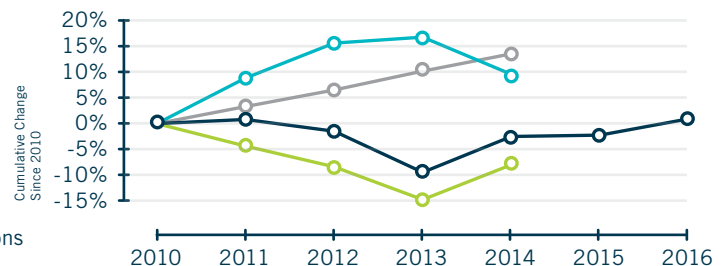


**THE OAA** covers **57%** of the total cost to provide nutritious meals, safety checks and friendly visits to more than **38,000 SENIORS**. Programs rely on contributions from state, local, private donations and other resources to cover the rest.

## GROWING GAP BETWEEN SENIORS IN NEED AND SENIORS SERVED

With 12,000 individuals turning 60 every day nationwide, a senior population increasingly threatened by hunger and federal funding failing to keep pace, the gap between those in need and those being served continues to widen. Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula.

- Total Seniors Threatened By Hunger
- Total OAA Nutrition Appropriations
- Total Population 60+
- Total Seniors Served



Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.