

## **Ombudsmen for Assisted Living and Nursing Home Residents**

(An Ombudsman is an independent advocate who provides information and works to resolve problems that the resident would like addressed. All conversations are confidential unless permission is given to use a person's name.)

<b>COUNTY</b>	<b>PHONE NUMBER</b>	<b>FAX NUMBER</b>
Allegany County	301-777-1771	301-783-1890
Anne Arundel County	410-222-4464	410-222-4358
Baltimore City	410-396-3144	410-539-0978
Baltimore County	410-887-4200	410-887-8795
Calvert County	410-535-4606, ext. 143	410-535-1903
Caroline County	410-778-6000	410-778-3562
Carroll County	410-386-3800	410-840-0436
Cecil County	410-996-8429	410-620-9483
Charles County	301-934-0109 or 301-870-3388 ext. 5109	301-934-0126
Dorchester County	410-742-0505, ext. 104	410-742-0525
Frederick County	301-600-2877	301-600-2892
Garrett County	301-334-9431	301-334-1494
Harford County	410-638-3025	410-893-2371
Howard County	410-313-6423	410-313-6593
Kent County	410-778-6000	410-778-3562
Montgomery County	240-777-3369	240-777-1242
Prince George's County	301-265-8483	301-248-5056

Queen Anne's County	410-758-0848	410-758-4489
Somerset County	410-742-0505, ext. 104	410-742-0525
St. Mary's County	301-475-4200 ext. 71055	301-475-4503
Talbot County	410-778-6000	410-778-3562
Washington County	301-790-0275	301-739-4957
Wicomico County	410-742-0505, ext. 104	410-742-0525
Worcester County	410-742-0505, ext. 104	410-742-0525