### **About the Maryland Department of Aging**

The Maryland Department of Aging helps establish Maryland as an attractive location for all older adults through vibrant communities and supportive services that offer the opportunity to live healthy and meaningful lives. For more information, visit www.aging.maryland.gov or call 1-800-243-3425 to connect with your local aging office.



Lt. Governor

**Follow Us on Social** 

Follow us on Facebook, Twitter, and YouTube for daily information and

tips to "Live Well and Age Well."

Larry Hogan Governor

Boyd K. Rutherford Rona E. Kramer Secretary

Maryland Department of Aging 301 W. Preston St, Suite 1007 3altimore, MD 21201

# **Maryland Senior Call Check Pilot Program**

Live in Your Home with **Peace of Mind** 



#### www.aging.maryland.gov 1-800-243-3425 (toll free)



Larry Hogan Governor

Boyd K. Rutherford Lt. Governor

Rona E. Kramer Secretary

# **Statistics to Know**

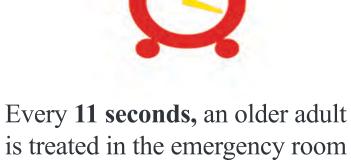
Information provided by the National Council on Aging



One in Four Americans aged 65+ falls each year



**28%** of injury-related emergencies are **related to falls** 



for a fall

## **About the Program**

Every day a telephone call will be placed to a participant at a regularly scheduled time. These calls will take place between 8 a.m. and 4 p.m. as close as possible to the one-hour time block pre-selected by the participant. If the participant does not answer their first call, they will be tried two more times. If those calls go unanswered, additional calls will be made to notify an alternative person who is selected by the participant during program enrollment. This could be an adult child, a neighbor, or another loved one. The alternate will then be encouraged to check on the older adult program participant.

# **How We Help:**

🏹 Free service

- Open to any Maryland resident 65 years of age or older
- Solution of the call to check on you
- Set the time you want to be contacted
- You pick the person who will check on you if you don't answer

Emergency alerts when you need them most

# How to Sign Up

Each person must apply on **his or her own behalf**. The information that is **mandatory** includes:

- 1. First and last name
- 2. County/City of residence
- 3. Telephone Number
- 4. Date of Birth
- 5. Name and telephone number of one Alternate Contact Person
- 6. A preferred time to receive the daily call

#### To Sign Up: www.aging.maryland.gov

For Questions: 1-800-243-3425