

About the Maryland Department of Aging

The Maryland Department of Aging helps establish Maryland as an attractive location for all older adults through vibrant communities and supportive services that offer the opportunity to live healthy and meaningful lives. For more information, visit **www.aging.maryland.gov** or call **1-800-243-3425** to connect with your local aging office.



Larry Hogan
Governor

Boyd K. Rutherford
Lt. Governor

Rona E. Kramer
Secretary

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Maryland Senior Call Check Pilot Program

Live in Your Home with Peace of Mind



www.aging.maryland.gov
1-800-243-3425 (toll free)



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Statistics to Know

Information provided by the National Council on Aging



One in Four Americans aged 65+ **falls each year**



28% of injury-related emergencies are **related to falls**



Every **11 seconds**, an older adult is treated in the emergency room for a fall

About the Program

Every day a telephone call will be placed to a participant at a regularly scheduled time. These calls will take place between 8 a.m. and 4 p.m. as close as possible to the one-hour time block pre-selected by the participant. If the participant does not answer their first call, they will be tried two more times. If those calls go unanswered, additional calls will be made to notify an alternative person who is selected by the participant during program enrollment. This could be an adult child, a neighbor, or another loved one. The alternate will then be encouraged to check on the older adult program participant.

How We Help:

- ✓ Free service
- ✓ Open to any Maryland resident 65 years of age or older
- ✓ Daily phone call to check on you
- ✓ Set the time you want to be contacted
- ✓ You pick the person who will check on you if you don't answer
- ✓ Emergency alerts when you need them most

How to Sign Up

Each person must apply on **his or her own behalf**. The information that is **mandatory** includes:

1. First and last name
2. County/City of residence
3. Telephone Number
4. Date of Birth
5. Name and telephone number of one Alternate Contact Person
6. A preferred time to receive the daily call

To Sign Up: **www.aging.maryland.gov**

For Questions: **1-800-243-3425**