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From the Governor of the State of Maryland

FALLS PREVENTION AWARENESS WEEK SEPTEMBER 20 - 24, 2021

WHEREAS, Maryland is home to an estimated 931,263 citizens over the age of 65, comprising 15.9 percent of our State's population in 2018; and

WHEREAS, Between 2010-2019, the age-adjusted death rate due to falls among older adults age 65 years and older in Maryland increased from 52.32 per 100,000 in 2010, to 73.63 per 100,000 in 2019, a 1.4 fold increase; and

WHEREAS, From June 2019 to May 2020, falls were the etiology of injury for 43.0% of Maryland trauma center primary

admissions, up from 38.4% in the year prior; and

WHEREAS, In 2018, an estimated 201,093 Maryland adults over the age of 65 reported having fallen in the past 12 months; and

WHEREAS, Of the injury mechanisms examined, falls represented 52.5% of injury-related deaths among Marylanders over the age

of 65 in 2019, making them the leading cause of injury-related deaths; and

WHEREAS, Injuries from falls are largely preventable; and

WHEREAS, The quality of life is improved for Maryland citizens, who remain independent, active, and free from fall-related injuries.

NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim September 20 - 24, 2021 as FALLS PREVENTION AWARENESS WEEK in Maryland, and encourage all citizens to help reduce the number of injuries associated with falls by recognizing and resolving hazardous environments for Maryland seniors.

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Civen Under My Hand and the Great Seal of the State of Maryland,

his 20th

day of

September

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Secretary of State