



Wes Moore Governor

Aruna Miller | Lt. Governor

Carmel Roques | Secretary

## Healthy Aging - Notice of Competitive Grant Opportunity

*Funding Opportunity* - The Maryland Department of Aging ("Department") is pleased to announce a competitive funding opportunity for grant awards under the Healthy Aging Program, Sections 10-1101 and 10-1102 of the Human Services Article of the Annotated Code of Maryland.

## All providers that have participated in the Congregate Housing Services Program and the Community Housing/Healthy Aging Grant Program are eligible and encouraged to submit an application.

The Department is committed to supporting Maryland residents' abilities to live healthy and independent lives and prevent the transition to higher levels of care in institutional settings.

The purpose of this grant is to:

1. Provide health and lifestyle supports in group or community housing settings to low-income older adults;

2. Encourage aging safely at home and in the community;

3. Reduce hospitalizations and the likelihood of spending down income and assets for higher levels of care and the need for Medicaid support; and

4. Improve the quality of life for older adults living in group or community housing settings.

*Number of Awards* - The Department will determine the number of awards based on the total number of requests and funding amount requested. See "Application Criteria" below for information on which applications will be given preference.

*Eligible Applicants* - Applicants must be Maryland nonprofit organizations or local governments in good standing with the State Department of Assessments and Taxation with existing relationships with housing communities that serve older adults. Providers are not required to have participated in the Congregate Housing Services Program in the past.

Note: "Group" or "Community" housing settings are high-density areas of older adults in a single building or campus of residences without an entrance fee and which are not licensed for any level of care. Assisted living and skilled nursing care organizations/settings do not meet this definition.

*Grant Term* - The term of the grant is anticipated to begin July 1, 2025 and run through June 30, 2026. All expenditures must be incurred by June 30, 2026.

*Funding Restrictions* - Grant funds must not be used for physical space construction, furnishings, equipment, rent assistance, lobbying, or research. Individual grants shall not exceed \$500,000 annually.

**Application Criteria** - A successful applicant will be a Maryland-based nonprofit organization or local government in good standing with the Department of Assessments and Taxation, that meets the following criteria:

1. Identifies a challenge to improve healthy lifestyles for older adults living in group or community housing settings.

2. Outlines a plan to address the above challenge.

3. Demonstrates experience working with local housing communities and older adults.

- 4. Shows relationships with local service agencies and organizations.
- 5. Displays project management expertise in health and/or housing.
- 6. Addresses sustainability and replicability beyond the funding period.
- 7. Reports measurable outcomes of the grant, including submitting specific outcome

data/metrics.

8. Includes letters of support from partner organizations.

## Preference will be given to organizations that are currently participating in the Congregate Housing Services Program or the Community Housing/Healthy Aging Grant Program.

Preference will also be given to applications that describe projects with the following components:

- 1. Addresses health care cost containment and safe and healthy aging.
- 2. Demonstrates a strong, sustainable, and replicable model.
- 3. Incorporates volunteers in the planning and delivery of programs or services.

4. Serves individuals who belong to historically underserved communities, such as persons of color (including, but not limited to, Black or African American; Latino; Indigenous or Native American; Asian; or Pacific Islander); members of religious minorities; lesbian, gay, bisexual, transgender, and queer (LGBTQ+) persons; persons with disabilities; persons who live in rural areas; and persons otherwise adversely affected by persistent poverty or inequality.

5. Proposes multisector or multigenerational collaboration.

**Application Review Criteria** - An internal panel at the Department will review the applications and select the applicant most advantageous to the State based on:

1. Effective alignment with the purpose and proposed activities;

2. Relevant experience of the organization;

3. Organizational capacity of the organization;

4. Identification of potential strategies to ensure effective survey instrument development and equitable data collection method; and

5. Total project cost.

**Application Instructions** - Applicants will submit a Project Narrative of no more than 10 pages. The Project Narrative must include the following categories:

1. Problem Statement - Outline the unmet needs of residents that your program or service will address, using available data.

2. Goals and Objectives - Identify at least one goal and one objective that demonstrates the aims of your proposed activities. Goals and objectives should be specific, measurable, achievable, relevant, and within a defined time period.

3. Proposed Intervention - Include any services that the grant funding will address, such as chore services personal care, oral health screening, oral health education, falls prevention, financial fraud and abuse, transportation solutions, nutrition services, medication management, handyman services, exercise programming, disease management, mental health, or substance abuse. For example, describe what services the program will deliver, how the program will achieve its aims, how the program will select participants, and who will provide the day-to-day services.

4. Overall Project Outcomes and Performance Data/Metrics as defined by MDOA to demonstrate how the project will improve the status of participants (use Healthy Aging Residential Data and Outcomes Metrics Excel Form).

5. Sustainability and Replicability Approach.

6. Project Management and Organizational Capacity.

Additional required components of the application (not included in the Project Narrative page limit):

1. Proposed Budget (use Healthy Aging Budget Excel form) and Budget Narrative and Justification (administrative costs and indirect costs must be separated from service costs).

2. Project Timeline.

3. Aggregate Number of Participating Residents (do not include any identifying information of any individual).

4. Letters of Support (include letters from partner organizations).

**Submission & Award Announcement Deadline** - To be considered, a non-binding letter of intent with a project summary (a 500-word summary that includes the goal, objective, and services to be delivered) and estimated budget shall be **submitted by 5:00pm, Friday, June 13**, **2025**, by email to: mdoa.executiveoffice@maryland.gov. Grant awards will be announced June 20th. Grant award recipients will be required to submit a complete Project Narrative, which includes all components listed under **"Application Instructions"**, by Thursday, June 26, 2025, through the <u>eCivis portal</u>. For those organizations not yet registered in eCivis, MDOA will provide instructions on how to register for this free platform (which allows award recipients to submit complete grant application documents, as well as allowing recipients to submit requests for funds/receive funds).

**Questions -** Please submit any questions via email to: Yolanda Mobuary at yolanda.mobuary@maryland.gov.