

Araclamatian

From the Governor of the State of Maryland

FALLS PREVENTION AWARENESS WEEK SEPTEMBER 18th-22nd, 2023

WHEREAS, Maryland is home to more than one million adults age 65 and older; and

WHEREAS, Between 2012-2021, the age-adjusted death rate due to falls among older adults age 65 years and older in Maryland increased from 60.2 per 100,000 in 2012, to 83.7 per 100,000 in 2021; and

WHEREAS, In 2020, an estimated 212,692 Maryland adults over the age of 65 reported having fallen in the past 12 months; and

WHEREAS, Of the injury mechanisms examined, falls represented 62.4% of injury-related deaths among Marylanders over the age of 65 in 2020, making them the leading cause of injury-related deaths; and

WHEREAS, Injuries from falls are largely preventable; and

WHEREAS, The quality of life is improved for Maryland citizens, who remain independent, active, and free from fall-related injuries

NOW, THEREFORE, I, WES MOORE, GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim SEPTEMBER 18th-22nd, 2023 as FALLS PREVENTION AWARENESS WEEK in Maryland and call upon the people of our state to join in this observance.



Given Under My Hand and the Great Seal of the State of Maryland,

this 18th day of September

Two Thousand and twenty-three

Governor

Oruna Miller

Steson C. Leo

Secretary of State