

Contact your local Area Agency on Aging to connect to programs and services for older adults, individuals with disabilities, and their families. Designated agencies for each county in Maryland provide a variety supports for the jurisdictions they represent. Each agency may be a unit of local government or a private, nonprofit corporation. For more information on Maryland's Area Agencies on Aging, visit aging.maryland.gov/Pages/area-agencies-on-aging.aspx

### **Allegany County**

# Human Resources Development Commission

125 Virginia Avenue Cumberland, MD 21502 301-777-5970 Director: Carralee Silka alleganyhrdc.org

#### **Anne Arundel County**

# Department of Aging and Disabilities

2666 Riva Road Annapolis, MD 21401 410-222-4464

Director: Karrisa Kelly

aacounty.org/aging-and-disabilities

## **Baltimore City**

#### **Division of Aging and Care Services**

417 E. Fayette Street, 6th Floor Baltimore, MD 21202 410-396-4932 Director: Heang Tan

<u>health.baltimorecity.gov/programs/</u>

<u>seniors</u>

## **Baltimore County**

## **Department of Aging**

611 Central Avenue
Towson, MD 21204
410-887-2594
Acting Director: Elisabeth Sachs
baltimorecountymd.gov/
departments/aging

#### **Calvert County**

# Office on Aging

450 West Dares Beach Road Prince Frederick, MD 20678 410-535-4606

Director: Edward Sullivan

<u>calvertcountymd.gov/113/Office-on-</u> <u>Aging</u>

#### **Caroline County**

#### Upper Shore Aging, Inc.

100 Schauber Road Chestertown, MD 21620 410-778-6000 Director: Herb Cain uppershoreaging.org

## **Carroll County**

#### **Bureau of Aging and Disabilities**

125 Stoner Avenue
Westminster, MD 21157
410-386-3800
Director: Gina Valentine
carrollcountymd.gov/government/
directory/citizen-services/agingdisabilities

#### **Cecil County**

## **Department of Community Services**

200 Chesapeake Boulevard, Ste: 2550

Elkton, MD 21921 410-996-5295

Director: David Trolio

ccgov.org/government/communityservices/aging-and-disability-services

#### **Charles County**

#### Aging and Human Services

8190 Port Tobacco Road Port Tobacco, MD 20677 301-934-9305

Director: Lisa Furlow

<u>charlescountymd.gov/services/aging-</u> and-senior-services



### **Dorchester County**

MAC, Inc.

909 Progress Circle Salisbury, MD 21804 410-742-0505 Director: Paula Erdie

macinc.org/

### **Frederick County**

# Division of Aging and Independence

1440 Taney Avenue Frederick, MD 21702 301-600-1234

Director: Carolyn True

frederickcountymd.gov/54/Agingand-Independence

## **Garrett County**

## Area Agency on Aging

104 East Center Street Oakland, MD 21550 301-334-9431

Director: Shanna Humphrey mygarrettcounty.com/resources/ listing/area-agency-on-aging

#### **Harford County**

#### Office on Aging

145 North Hickory Avenue Bel Air, MD 21014 410-638-3025

Director: Karen Winkowski

harfordcountymd.gov/651/Office-on-**Aging** 

### **Howard County**

## Office on Aging and Independence

9830 Patuxent Woods Drive Columbia, MD 21046

410-313-1234

Director: Ofelia Ross

howardcountymd.gov/aging-

independence

#### **Kent County**

### Upper Shore Aging, Inc.

100 Schauber Road Chestertown, MD 21620 410-778-6000

Director: Herb Cain uppershoreaging.org

#### **Montgomery County**

## Department of Health and Human Services

401 Hungerford Drive, 3rd Floor Rockville, MD 20850 240-777-3000

Director: Dr. Kimberly Johnson montgomerycountymd.gov/HHS-Program/ADS/COA/COAindex.html

# **Prince George's County**

## **Department of Family Services**

6420 Allentown Road Camp Springs, MD 20748 301-265-8450

Director: Karen Sylvester princegeorgescountymd.gov/ departments-offices/family-services/ aging-and-disabilities-servicesdivision

#### Queen Anne's County

#### Area Agency on Aging

104 Powell Street Centerville, MD 21617 410-758-0848, Option 2 Director: Cathy Willis

gac.org/155/Area-Agency-on-Aging-

Senior-Centers

# St. Mary's County

# Department of Aging and **Human Services**

41780 Baldridge Street Leonardtown, MD 20650 301-475-4200, ext. 1070

Director: Lori Jennings-Harris stmaryscountymd.gov/aging

### **Somerset County**

#### MAC, Inc.

909 Progress Circle Salisbury, MD 21804 410-742-0505

Director: Paula Erdie

macinc.org

#### **Talbot County**

# Upper Shore Aging, Inc.

100 Schauber Road Chestertown, MD 21620 410-778-6000 Director: Herb Cain uppershoreaging.org

## **Washington County**

### Commission on Aging

535 E. Franklin Street Hagerstown, MD 21740 301-790-0275, ext. 203 Director: Amy Olack wccoaging.org

# **Wicomico County**

## MAC, Inc.

909 Progress Circle Salisbury. MD 21804 410-742-0505

Director: Paula Erdie

macinc.org

#### **Worcester County**

## MAC, Inc.

909 Progress Circle Salisbury, MD 21804 410-742-0505

Director: Paula Erdie

macinc.org