



Department of Family Services  
*presents*



Angela D. Alsobrooks  
*County Executive*

Elana Belon-Butler  
*Director*

# THE FAMILY CAREGIVERS CONFERENCE 2023

## Caregiving Around the Clock



Keynote Speaker  
Beth Nolan, Ph.D.  
Positive Approach to Care(R)

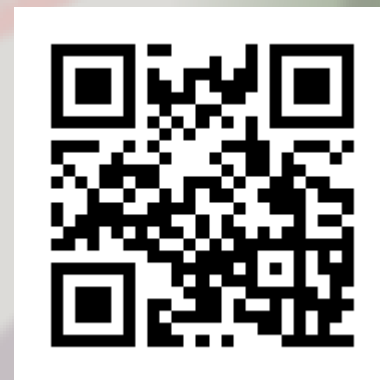
November 29, 2023  
9:00 a.m. - 2:00 p.m.

[Click here to register](#)

The conference will include the following topics:

- Caring for the caregiver:  
Prioritizing mental health and self-care
- Communicating: How to ask for help while setting boundaries
- ..and more!

SCAN HERE



Open to those who care for an older adult or an individual with Alzheimer's disease or related dementia.

Registration is required.