



# Senior Call Check



**DO YOU GO LONG PERIODS  
OF TIME WITHOUT  
SOMEONE CHECKING  
ON YOU?  
WE'LL GIVE YOU A CALL!**

**SIGN UP NOW FOR THIS FREE,  
DAILY AUTOMATED CALL TO  
VERIFY YOU ARE OKAY**

**1-866-502-4325**

**SENIORCALLCHECK.MARYLAND.GOV**

Marylanders 65 years and older  
are eligible for  
Senior Call Check.  
Sign up today!



## Daily Check-In

Receive an automated daily check-in call with useful messages on aging resources and healthy living



## Flexibility

You choose between a variety of time slots to receive your calls on a landline, cell phone, or relay service.



## Peace of Mind

Your friends and family will feel better knowing another person will be contacted if you don't pick up the phone after three attempts. Non-emergency services will be called to check on you if necessary.



**Maryland**  
DEPARTMENT OF AGING