



Paving the way for a
**Longevity Ready
Maryland**



Help build
Maryland's Age-
Friendly Ecosystem!

Age-Friendly Maryland

When local governments, employers, institutions, and organizations embrace age-friendly policies, it benefits ALL community members and helps make Maryland longevity ready.



Age-Friendly Communities

Participating Maryland Communities: 8

The AARP Network of Age-Friendly States and Communities supports local, regional and state governments that have committed to creating more livable environments for people of all ages through resources that help them assess needs, improve access to services, and increase participation of all community members.

Key Commitments:

- Endorse and adopt the Eight Domains of Livability
- Conduct a community-needs assessment
- Develop action and evaluation plans based on community needs



Age-Friendly Universities

Participating Maryland Institutions: 3

The Age-Friendly University Global Network is a consortium of higher education institutions committed to enhancing the lives of older adults through age-inclusive educational curriculum development, innovative research, civic engagement opportunities, and health, wellness, and personal enrichment programs and resources.

Key Commitments:

- Endorse and adopt the Ten Principles of an Age-Friendly University
- Conduct an institutional assessment
- Develop and share institutional best practices



Age-Friendly Health Systems

Participating Maryland Care Providers: 33

The Institute for Healthcare Improvement offers evidenced-based resources and practical guidelines on ways hospitals, nursing homes, convenient care clinics, home health workers, pharmacists, and other care providers can implement best-practices in caring for older adults in ways that matter most to them, their caretakers, and their families.

Key Commitments:

- Endorse and adopt the 4Ms of Age-Friendly Health Care
- Implement care-specific guidelines
- Participate in action communities or online learning opportunities



Age-Friendly Employers

Participating Maryland Employers: 79

The AARP Employer Alliance helps organizations unlock the power of multigenerational workplaces through proven practices in collaborative age-inclusive team building designed to drive engagement, increase productivity, and foster innovation.

Key Commitments:

- Learn about age-inclusive employment policies
- Develop and implement practices that foster dynamic multigenerational workplaces