# **Evidence-Based Programming Resource List**

The following organizations provide information about a range of evidence-based programs that can be offered in the community, as well as strategies for implementing evidence-based programs.

## **Administration for Community Living**

- Disease Prevention and Health Promotion Services (OAA Title IIID)
  - o https://aoa.acl.gov/AoA Programs/HPW/Title IIID/Index.aspx
- Aging and Disability Evidence-Based Programs and Practices (ADEPP) Guide to Reviewing Evidence-Based Programs
  - o https://acl.gov/Programs/CPE/OPE/docs/ADEPP-Guide-15.pdf

# **National Council on Aging**

- https://www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/
- Title III-D Highest Tier Evidence-Based Health Promotion/Disease Prevention Programs
  - o <a href="https://www.ncoa.org/resources/ebpchart/">https://www.ncoa.org/resources/ebpchart/</a>
- Survey Conducted by the National Institute for Senior Centers, Improving Health Team With guidance from NCOA's Center for Healthy Aging
  - o <a href="https://www.ncoa.org/wp-content/uploads/Improving-Health-Survey-2015-article-1-of-2.pdf">https://www.ncoa.org/wp-content/uploads/Improving-Health-Survey-2015-article-1-of-2.pdf</a>
- Evidence-Based Falls Prevention Programs
  - o <a href="https://www.ncoa.org/healthy-aging/falls-prevention/falls-prevention-programs-for-older-adults/">https://www.ncoa.org/healthy-aging/falls-prevention/falls-prevention-programs-for-older-adults/</a>

#### **Centers for Disease Control and Prevention**

- CDC Compendium of Effective Fall Interventions: What Works for Community-Dwelling Older Adults, 3rd Edition
  - o <a href="https://www.cdc.gov/homeandrecreationalsafety/falls/compendium.html">https://www.cdc.gov/homeandrecreationalsafety/falls/compendium.html</a>

#### **Evidence-Based Leadership Council**

http://www.eblcprograms.org/

# **Community Research Center for Senior Health**

- Toolkit on Evidence-Based Programming for Seniors
  - o <a href="http://evidencetoprograms.com/">http://evidencetoprograms.com/</a>

## **Substance Abuse and Mental Health Services Administration**

- National Registry of Evidence-Based Programs and Practices
  - o <a href="http://www.nrepp.samhsa.gov/landing.aspx">http://www.nrepp.samhsa.gov/landing.aspx</a>

## Alliance for Aging Research and the Administration on Aging

- Translating Innovation to Impact: Evidence-Based Interventions to Support People with Alzheimer's Disease and their Caregivers at Home and in the Community
  - http://www.agingresearch.org/backend/app/webroot/files/Publication/61/Preread Translating%20Innovation%20to%20Impact.pdf