

Ombudsmen for Assisted Living and Nursing Home Residents

(An Ombudsman is an independent advocate who provides information and works to resolve problems that the resident would like addressed. All conversations are confidential unless permission is given to use a person's name.)

COUNTY	PHONE NUMBER	FAX NUMBER
Allegany County	301-783-1771	301-783-1890
Anne Arundel County	410-222-4257	410-222-4358
Baltimore City	410-396-3144	410-539-0978
Baltimore County	410-887-4200	410-887-8795
Calvert County	410-535-4606, ext. 143	410-535-1903
Caroline County	410-778-6000	410-778-3562
Carroll County	410-386-3810	410-840-0436
Cecil County	410-996-8429	410-620-9483
Charles County	301-934-0109	301-934-0126
Dorchester County	410-742-0505, ext. 104	410-742-0525
Frederick County	301-600-2877	301-600-2892
Garrett County	301-334-9431, ext. 6140	301-334-1494
Harford County	410-638-3025	410-893-2371
Howard County	410-313-6423	410-313-6593
Kent County	410-778-6000	410-778-3562
Montgomery County	240-777-3369	240-777-1242
Prince George's County	301-265-8483	301-248-5056

Queen Anne's County	410-758-0848	410-758-4489
Somerset County	410-742-0505, ext. 104	410-742-0525
St. Mary's County	301-475-4200 ext. 71055	301-475-4503
Talbot County	410-778-6000	410-778-3562
Washington County	301-790-0275	301-739-4957
Wicomico County	410-742-0505, ext. 104	410-742-0525
Worcester County	410-742-0505, ext. 104	410-742-0525